

# GRADE-POINT AVERAGE

The NCAA Eligibility Center calculates your core-course grade-point average (GPA) based on the grades you earn in NCAA-approved core courses. Only your best grades from the required number of NCAA core courses will be used. Grades from additional core courses will be used only if they improve your grade-point average.

Your GPA is calculated on a 4.000 scale. Numeric grades such as 92 or 87 are changed to letter grades such as A or B. The NCAA Eligibility Center does not use plus or minus

grades when calculating your GPA. Weighted honors or advanced placement courses may improve your core-course GPA but your high school must notify the NCAA Eligibility Center that it weighs grades in these classes.

In Pass/Fail grading situations, the NCAA Eligibility Center will assign your high school's lowest passing grade for a course in which you received a Pass grade. For most high schools, the lowest passing grade is a D, so the NCAA Eligibility Center generally assigns a D as a passing grade.

## Calculating Your Quality Points

In order to determine your quality points earned for each course, multiply the quality points for the grade by the amount of credit earned.

### Examples:

- An A grade (4 points) for a trimester course (0.34 units):  
 $4 \text{ points} \times 0.34 \text{ units} = 1.36 \text{ total quality points}$
- An A grade (4 points) for a semester course (0.50 units):  
 $4 \text{ points} \times 0.50 \text{ units} = 2.00 \text{ total quality points}$
- An A grade (4 points) for a full-year course (1.00 units):  
 $4 \text{ points} \times 1.00 \text{ units} = 4.00 \text{ quality points}$

The following worksheets will help you to determine your core-course GPA.

## QUALITY POINTS

A = 4 points  
B = 3 points  
C = 2 points  
D = 1 point

## UNITS OF CREDIT

1 quarter unit = 0.25 units  
1 trimester unit = 0.34 units  
1 semester unit = 0.50 units  
1 year = 1 unit



The most important lesson I have learned from being a student-athlete is how to deal with adversity. Life isn't easy, and being a student-athlete can be difficult at times, too.

To conquer adversity, I've learned to stay positive and always have a plan.

I plan on how to ace an upcoming test or beat an upcoming opponent.



**Ty Dennis**  
Football  
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# DIVISION I WORKSHEET

This worksheet is provided to assist you in monitoring your progress in meeting NCAA initial-eligibility standards. The NCAA Eligibility Center will determine your academic status after you graduate. Remember to check your high school's list of NCAA-approved courses for the classes you have taken.

**Use the following scale: A = 4 quality points; B = 3 quality points; C = 2 quality points; D = 1 quality point.**

ENGLISH (4 YEARS REQUIRED)						
10/7	COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
✓	Example: English 9	.50		A		(.5 x 4) = 2
	<b>TOTAL ENGLISH UNITS</b>					<b>TOTAL QUALITY POINTS</b>

MATHEMATICS (3 YEARS REQUIRED)						
10/7	COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
✓	Example: Algebra I	1.0		B		(1.0 x 3) = 3
	<b>TOTAL MATHEMATICS UNITS</b>					<b>TOTAL QUALITY POINTS</b>

NATURAL/PHYSICAL SCIENCE (2 YEARS REQUIRED)						
10/7	COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
	<b>TOTAL NATURAL/PHYSICAL SCIENCE UNITS</b>					<b>TOTAL QUALITY POINTS</b>

ADDITIONAL YEAR IN ENGLISH, MATHEMATICS OR NATURAL/PHYSICAL SCIENCE (1 YEAR REQUIRED)						
10/7	COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
	<b>TOTAL ADDITIONAL UNITS</b>					<b>TOTAL QUALITY POINTS</b>

SOCIAL SCIENCE (2 YEARS REQUIRED)						
10/7	COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
	<b>TOTAL SOCIAL SCIENCE UNITS</b>					<b>TOTAL QUALITY POINTS</b>

ADDITIONAL ACADEMIC COURSES (4 YEARS REQUIRED)						
10/7	COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
	<b>TOTAL ADDITIONAL ACADEMIC UNITS</b>					<b>TOTAL QUALITY POINTS</b>

	<b>TOTAL QUALITY POINTS FROM EACH SUBJECT AREA / TOTAL CREDITS = CORE-COURSE GPA</b>		/		=	
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Quality Points / Credits = Core-Course GPA

Core-Course GPA (16 required). Ten core courses must be completed before the seventh semester and seven of the 10 must be a combination of English, math or natural or physical science for competition purposes.

# DIVISION II WORKSHEET

This worksheet is provided to assist you in monitoring your progress in meeting NCAA initial-eligibility standards. The NCAA Eligibility Center will determine your academic status after you graduate. Remember to check your high school's list of NCAA-approved courses for the classes you have taken.

**Use the following scale: A = 4 quality points; B = 3 quality points; C = 2 quality points; D = 1 quality point.**

ENGLISH (3 YEARS REQUIRED)					
COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
Example: English 9	.50		A		$(.5 \times 4) = 2$
<b>TOTAL ENGLISH UNITS</b>					<b>TOTAL QUALITY POINTS</b>
MATHEMATICS (2 YEARS REQUIRED)					
COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
Example: Algebra I	1.0		B		$(1.0 \times 3) = 3$
<b>TOTAL MATHEMATICS UNITS</b>					<b>TOTAL QUALITY POINTS</b>
NATURAL/PHYSICAL SCIENCE (2 YEARS REQUIRED)					
COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
<b>TOTAL NATURAL/PHYSICAL SCIENCE UNITS</b>					<b>TOTAL QUALITY POINTS</b>
ADDITIONAL YEARS IN ENGLISH, MATHEMATICS OR NATURAL/PHYSICAL SCIENCE (3 YEARS REQUIRED)					
COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
<b>TOTAL ADDITIONAL UNITS</b>					<b>TOTAL QUALITY POINTS</b>
SOCIAL SCIENCE (2 YEARS REQUIRED)					
COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
<b>TOTAL SOCIAL SCIENCE UNITS</b>					<b>TOTAL QUALITY POINTS</b>
ADDITIONAL ACADEMIC COURSES (4 YEARS REQUIRED)					
COURSE TITLE	CREDIT	X	GRADE	=	QUALITY POINTS (MULTIPLY CREDIT BY GRADE)
<b>TOTAL ADDITIONAL ACADEMIC UNITS</b>					<b>TOTAL QUALITY POINTS</b>
<b>TOTAL QUALITY POINTS FROM EACH SUBJECT AREA / TOTAL CREDITS = CORE-COURSE GPA</b>		/		=	
<b>QUALITY POINTS</b>		/	<b>CREDITS</b>	=	<b>CORE-COURSE GPA</b>